

# continuing education Course Offering

**Website:**

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**COURSE DESCRIPTIONS**

(Courses are designated for 1 or 2 hours of continuing nursing education credit.)

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**ECMS100-T Maintaining Patient Warmth (1hr)****Course Overview**

The purpose of this study guide is to present information about methods of patient warming to provide comfort and treat hypothermia. Understanding how the body retains or loses heat will assist the healthcare provider toward making the appropriate product choice to meet the patient's needs. This program discusses the use of bedding, reflective technology and active warming systems in both the inpatient and perioperative settings.

**ECMS200-T Maintaining Skin Integrity and Preventing Skin Breakdown (1hr)****Course Overview**

The purpose of this study guide is to help caregivers understand the impact of pressure redistribution surfaces, the importance of nursing measures in maintaining skin integrity and the importance of making appropriate choices in linen usage. Upon completion of the program, the participant will understand the contributing factors that can impact skin integrity, identify the risk factors in the development of pressure ulcers, define the stages of pressure ulcers, understand prevalence and incidence, identify nursing interventions to support skin integrity and to identify patients at risk.

**ECMS300-T Infection Prevention (1hr)****Course Overview**

The purpose of this study guide is to present information about the basic principles of infection control practice to promote a safe environment for patients and healthcare providers in the hospital. This program will discuss categories of isolation and review the use of personal protective equipment and discuss cleaning practices and the proper technique for handling clean and soiled linen.

**ECMS400-T Increasing Patient and Healthcare Provider Safety (1 hr)****Course Overview**

The purpose of this study guide is to present information about methods of patient lifting and handling, prevention of falls and the proper use of textiles for enhanced patient comfort and safety. After completion of this educational program, the participant will be able to identify the primary tasks associated with patient handling, understand the criteria for determining the selection of an appropriate lifting or transfer device, identify the types of lifting and transfer equipment, understand the function of a lift team, identify steps to reduce risk of patient falls, and understand issues of comfort and safety associated with specific textile products.



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## ECMS500-T Evidence-based Practices for VTE/DVT Prevention (1 hr)

### Course Overview

The purpose of this program is to provide nurses with an understanding of the clinical manifestations of VTE and evidence-based practices that can be employed to manage them. After completing this course the learner will be able to describe the pathophysiology and incidence of DVT, identify risk factors for the development of DVT in the perioperative practice setting, discuss evidence based prevention strategies outlined in the new AORN Recommended Practices for Prevention of DVT and distinguish key criteria for the selection and use of anti-embolism stockings and intermittent pneumatic compression devices.

## ECMS600-T Mind the Gap: Patient Temperature Management for Short Duration Procedures (2 hr)

### Course Overview

The purpose of this continuing education activity is to help the reader identify patient-focused warming strategies to bank heat, prevent cutaneous heat loss and maintain normothermia throughout the patient's perioperative journey. Heat loss in the preoperative pathway will be explained as well as the benefits of prewarming or banking heat. The significance of cutaneous heat loss and measures for prevention will be identified. Patient-focused risk factors will be discussed. National statistics demonstrating the prevalence of unplanned hypothermia in the postoperative environment and establishing a gap in the patient population for which warming measures need to be improved will be presented. Typical warming measures and their contribution to cutaneous warming and the prevention of hypothermia will be discussed. Finally, tools to determine the most effective patient-focused warming strategies will be presented.

## ECMS700-T Reusables Reconsidered: Modern Textiles for the OR (1 hr)

### Course Overview

The purpose of this study guide is to examine the use of disposable or reusable OR gowns, drapes and mayo covers with respect to cost, infection control, and provider comfort, plus the social questions of environmental damage, waste disposal, and "carbon footprint." After completing this course, the learner should be able to describe cost issues related to the use of disposable and reusable OR drapes and gowns, compare issues of safety and comfort, compare environmental impact and state factors to consider in evaluating their use.

## ECMS800-T Mind The Gap: Utilizing Evidence-based Outcome Evaluation to Simplify Patient Warming (1 hr)

### Course Overview

The purpose of this study guide is to examine the prevalence of unplanned perioperative hypothermia in surgical patients, which continues despite improved awareness and more robust warming protocols. There is a growing body of knowledge supporting the clinical benefits of proactive measures implemented in the preoperative environment to prevent cutaneous heat loss and maintain normothermia throughout the patient's surgical experience. The participant will learn how to use an evidence-based outcome evaluation (EBOE) model to review current protocols and determine the best approach to patient-centered care to improve outcomes, provide better quality of care and reduce costs.



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## ECMS900-T Protecting What Matters: Protection from Hospital-acquired Conditions with the Use of Environmentally Safe, Cost-effective, Reusable Underpads (1 hr)

### Course Overview

The purpose of this program is to provide nurses and others with an understanding of how utilizing reusable underpads can serve as a cost-conscious effort to reduce pressure injuries while providing an environmentally friendly solution to unnecessary waste. This continuing education unit is to provide information on the benefits of reusable linen underpads in a clinical setting. After completing this course, the learner should be able to define a pressure injury, describe the prevalence and impact of incontinence on hospitalized adults, identify key features to look for when selecting an underpad, identify clinical indications for the use of underpads, describe environmental and cost benefits to reusable underpads.

## ECMS001-T Pressure Injury Prevention and Treatment: Focus on Support Surfaces and Preventing Adaptation (1 hr)

### Course Overview

The purpose of this program is to review key facts about skin integrity and the concept of homeostasis, and to present allostasis as a new conceptual framework for the prevention and treatment of pressure injuries. The goal is to provide nurses and other healthcare professionals with an understanding of these concepts, as well as a review of the key features, benefits, and uses of patient support surfaces in wound care.

## ECMS002-T Perioperative Patient Warming (1hr)

### Course Overview

The purpose of this program is to review key information about the prevalence of perioperative hypothermia, and provide a detailed overview of the benefits and risks of the most commonly used patient warming devices to prevent unintended perioperative hypothermia. The goal is to provide healthcare professionals with an understanding of patient warming devices and the associated risks and benefits of each, so they can make informed decisions to reduce patient risks and help optimize surgical outcomes.